# The Total Physical Response Learning Model as an Effort to Increase the Performance of Learning Speaking Skills

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## Abstract

In this research, researchers developed a Total Physical Response model that focuses on teaching speaking in a fun way. This study uses qualitative methods, where the main focus of research is the use of the Total Physical Response model which is used to facilitate students in strengthening their vocabulary and helping them to improve their speaking ability. Most students really need these activities to practice the target language in their learning activities. English education is a mandatory component in the education unit curriculum for the secondary school level. Educational policies and curricula provide a range of contexts and expectations that can encourage student learning for a better future. The difficulty of good learning performance in speaking English is usually caused by a limited vocabulary. At the end, it can be concluded that students' English skills can be improved by the TPR (Total Physical Response) method, so that students can be active in learning English. Teachers can also more easily teach English to all students.

Keywords: Education, Vocabulary, Speaking, Total Physical Response

# INTRODUCTION

Speaking skills are very important in the field of language education. Students need to be trained and trained in order to have good speaking skills. Especially in learning English, speaking skills are also very important. This is because speaking skills are often used as an indicator of their success in learning English by the community. If they speak badly, their surroundings will very likely deem them a failure in their English studies. At least, if they fail to master speaking English, they will have difficulty making progress (studying other materials in English subject).

On the contrary from the explanation above, if a student they have good speaking skills, they will be considered as having a better chance of succeeding in their studies. again this is a social construction, although in some studies it does show something that goes along with it. Furthermore, speaking is indeed the most important spearhead in a

verbal communication. Speaking allows students to perceive and understand language. But some students think that speaking is perhaps the most difficult language skill to learn. However, in Indonesia, the difficulty in mastering English is influenced by many factors, one of which is speaking.

Teaching speaking for junior high school students is certainly different from children in elementary schools because of the characteristics of their different psychological backgrounds. Peer approval may be far more important to students than teacher attention which, for younger children, is so important. It is important to consider their classmates as motivation in deep learning to improve the process of teaching and learning speaking. Students should be encouraged to respond to texts and situations with their own thoughts and experiences, not just answering questions and doing abstract activities. The English teacher should give them tasks they are capable of doing, not at the risk of

embarrassment. The students have to practice their speaking skills.

Many researchers have interested in conducting research to investigate appropriate speaking strategies students have help a better understanding when they speak. Many speaking methods have been used in class interchangeably. The results show that some are successful with certain groups of students but some are not. Actually what must be considered now is the way the presentation of knowledge. As we know, the teacher center approach that takes place in traditional classrooms does not produce active recipients and results in petrified language learning. It is not effective enough to promote language acquisition.

Discussion techniques recently become a focus of educational research. The discussion technique is very simple to implement. It is observed that the discussion technique has the effect of increasing academic success in addition to students' social and intellectual abilities. Various studies have shown that especially at the elementary, junior high and tertiary levels discussion techniques are effective in the learning process of theoretical courses, in developing students' critical thinking processes, not only in their ability to express themselves, but also in their communication. skill. In the discussion technique, students can enjoy from time to time getting away from the usual pattern of reading a story or article aloud in front of their eyes. This is especially true for the finer readers; what may be undesirable because a routine procedure has real value as an occasional variation. Seeing these problems, it is important that learning English especially speaking should be done. Researchers hope that there will be an increase in teaching English.

English language education is a mandatory component of the education unit curriculum for secondary school level. Educational policies and curricula provide a range of contexts and expectations that can encourage the learning process of students for a better future. On the other hand, English which is taught to junior high school students as a provision, is still not satisfactory. Very few junior high school graduates are able to communicate intensely using English. In research on education policy and the implementation of the English curriculum as a foreign language, there must be a commitment from the school to organize better English learning with reference to teaching methods aimed at increasing student test scores.

Language has central role in intellectual development, social, and emotional of the students and also support the successfully in learning all of lesson. From learning language is expected to help the students to know about themselves, their culture, and other people of the culture, saying about opinion and feeling, participate in the society who use that language and find also use the analyze and imaginary ability which in their selves namely in speaking ability, language can be used as a system of arbitrary symbols and the rules which are used to manipulate them. Language can also refer to the use of such systems as a general phenomenon through commonly used as a means of communication among peoples; human language is only one instance of this phenomenon.

English is the foreign language which has the important role to unite nations in the world and also as the device of communication international, such as for relationship of trade, politic, also for absorption and developing of knowledge or science, technology, and culture. Impossible, the people can understand all of the language in this world, because of that we need one universal language to make us easier to communicate, because of language is a method of conveying our ideas to the minds of other persons and the grammar of any language is a collection of observations on the structure of it and a system of rules for proper of it, language is one of the media to transfer our thinking to the other persons so that person can understand about the matters keep in our mind by talking with the language. So, English language has been taught at Junior High School as compulsory lesson. In learning English, there are four of language skills that taught namely listening, speaking, reading, and writing. From the four of language skills, the writer discuss of speaking skill.

Speaking skill is one of English language skill that very important for the students during they follow the education in any kind of grades and any kind of schools or in their life in the society. Speaking competency in language and literature teaching is the most difficult level because need logical thinking skill to express the words and reasonable from the three of the others competency namely listening, reading and speaking. Because before the students are taught this ability, there are many prerequisites that students must be have. That prerequisite is the language ability, ability in the field of language knowledge and many vocabularies, and more focus to the practical ability.

By connect between the usage of Total Physical Response toward student's English speaking skill, so the teacher must make the students active to study, with two strategies namely optimum of interaction between all of the learning element (teacher, student and media) and optimum of the student's participant (the five sense, logical reasoning, feeling and intention). Total Physical Response is used to help student to organize their thought and approach their work with a more critical mindset and to establish the basic Subject, Verb, Object, and Adverb structure of the sentence to express their mindset into one dialogue or conversation, so that the students must about know many vocabularies and good sentences to show their best performance speaking ability.

One model of learning that can be applied to solve the problem of the quality of learning is a model Totally Physical Response (TPR). According to Richards J in his book Approaches and Methods in Language Teaching, TPR is defined as a way of learning a language that is compiled on the coordination of command (command), speech (speech) and motion (action); and trying to teach language through physical activity (motor). TPR method is very simple and lightweight in terms of language use and also contains elements of movement so that the activity can relieve stress on the students because of the problems encountered in their learning, especially when learning a foreign language, and can also create a positive mood on the learner which can facilitate learning so as to improve students' motivation and achievement in these subjects. Meaning or meanings of the target language studied for action.

Based on the explanation, researcher can identified the presence of the following problems: first, the process of learning English in class VII-B SMP is still a lot to use a model that focuses on lectures sense of hearing students, so that students are less active in involvement think and act in accordance with the learning materials which delivered; second, achievement of students learning English, especially for speaking, is still low, with an average value of only 6.0 class and only 65% of students who pass the study; and third, there are students who are easily bored with learning English and quite a lot of students that consider learning material that speaking quite difficult, so students feel less interested in the English language materials.

#### **METHOD**

This research is done at Universitas Tama Jagakarsa. The is population Universitas Tama Jagakarsa's students with 200 students as object of researcher, every class has 40 students.

Then, sample is part of amount and characteristic that has by that population.

In this research, the sample are 38% or 40 respondents. Technique of sampling that use for accumulate sample is sample random sampling. Technique of sample random sampling able to said simple because accumulate of member sample from population that taken in class all of 40 students.

To collect the data, writer gives writing test to the grade student of Universitas Tama Jagakarsa. This test is about speaking. The procedure of collecting the data are: first, the writer gives a speaking test to students' Universitas Tama Jagakarsa. Second, the writer identifying the performance learning English speaking. And after that, the writer classification the weakness of all the student's speaking test.

The data of this research were analysed, namely Speaking Effectiveness that consists of: accuracy of pronunciation, accuracy of intonation, choice of words (diction) and smoothness. Most teachers can do many ways to improve performance learning English speaking, namely all of a time limit for each and every speaking activity, take into consideration those activities that involve either group or pair work, keep the activity fun and simple, make sure for a balance aim between speaking and listening, also always reflect on what can you do as a teacher to help students improve their English speaking skill.

A speaker should get used to pronounce the sounds of the language accurately. Pronunciation of the sounds of language is not appropriate to divert the listener's attention. Of course, articulation and speech patterns used are not always the same. Everyone has their own style and the style of language used varies according to the subject, feelings, and goals. Pronunciation sounds inappropriate language or disability will lead to boredom, less enjoyable, or attractive enough to divert the audience's attention, disrupt communications, or users considered weird.

Conformity is the main attraction intonation in speech and is a determining factor. Although the issues discussed less attractive, with intonation placement to fit the problem to be interesting. Conversely, if the delivery flat, almost certainly lead to boredom and reduced the effectiveness of the talking. Similarly, the provision of intonation on the world or syllable. Sound pressure usually falls on the last syllable or second syllable of the back, then placed on the first syllable. For example, the word brave, chance, given the pressure on the development, all, of course, it sounds awkward.

Choice of words (diction) should be precise, clear, and varied. Clearly meant to be understood by the target audience. Listeners will be more understanding, if the words used are well known by the listener. For example, popular words would be more effective than words and lofty words derived from foreign languages.

The words are not yet known is intriguing, however, hamper smooth communication. The choice of words have to be adjusted with the subject and with whom we spoke (listener). A fluent speaker facilitates the listener captures the contents of the conversation, often we hear the speaker talk to falter, even between disconnected parts that slipped certain sounds very disturbing catching the listener, such as tucking the sound *ce*, *oo*, *aa*, and so on. Instead, the speaker speaks too fast too difficult for the listener catch the principal talking.

# FINDINGS AND DISCUSSION

# Description of Data

There are two findings in this research from Total Physical Response to improve performance learning in English Speaking (1) Introductory Technique and (2) Working Technique. The difficulties speaking normally caused by limited vocabulary. Because of limited vocabulary, the students are difficult to express ideas orally (speaking). This is related to Introductory Technique that

means technique for introducing all of the ways that is used to introduce new vocabulary to the students for the first time to increase the student's speaking skill.

Introductory Technique consists of Vocabulary teaching that needs the strategy in the vocabulary learning, include of the teacher models the strategy for the learners, the steps in the strategy are practiced separately, learners apply the strategy in pairs supporting each other, learners report back on the application of the steps in the strategy, and learners consult the teacher on their use of the strategy, seeking advice where necessary.

# Working Technique

There are factors that can be used in language aspects, namely the accuracy of speech (pronunciation), emphasis or placement of appropriate tone and duration, choice of words, and the accuracy of the target speech. This is related to Working Technique that refers to all of the ways that used to explain or combine the command and supporting vocabulary that is introduced to the students to increase in target language to increase the student's speaking skill.

Working Technique includes of: first, by considering what is involved in vocabulary learning and the most suitable ways of organizing vocabulary, vocabulary learning can proceed more efficiently; second, teaching vocabulary can only affect a small part of the learning process. It is best to do this small part effectively than to try to teach all of the features involved in knowing a word.

#### Discussion

# Introductory Technique

Based on the data description above there are many benefits from Introductory Technique towards Speaking Activity to increase student's Speaking Skill, why they are learning English, why they must speak English well and fluently, so that the writers use Introductory Technique.

In this Introductory Technique, in the classroom the teaching and learning English will be felt fun for teacher and student, the student free from stress feeling when they are studying, the students start to be breve to speak English with their friends, not feel to be shy one to each other, and free to express their words, because the teacher has taught many new vocabularies to the students to improve performance learning in English speaking.

#### Working Technique

Based on the data description above the students can be breve to speak English with their English teacher in the classroom, so their selves confidence will be created in practice their English speaking, because they have many words that has been taught by the teacher, the students also can share many ideas to their teacher by practice their English speaking to improve performance learning in English speaking of the students.

# Introductory Technique

The teacher introduces the new vocabularies to all of the students that related to the equipment of sport and then the students will make sentence according to the name of the equipment of sport, named: bat, net, racket, ball, and stadium.

Name	Wrong Sentence	Correct Sentence	
$X_1$	I play badminton	I play tennis by	
	by bat	bat	
$X_2$	I use net in	I use net in	
	playing football	playing	
		badminton	
$X_3$	I use racket in	I use racket in	
	playing soccer	playing	
		badminton	
$X_4$	I use ball to play	I use ball to play	
	chess	volley ball	
$X_5$	The teachers are	The athletes are	
	doing sport in the	doing sport in the	
	stadium	stadium	

### Working Technique

The teacher introduces the new vocabularies and gives command to all of the students that related to the equipments of sport to all of the students and then and

also follow what the teacher says to them as the command. The teacher explains about:

- a. Take a bath
  Please practice of taking a bath!
- b. Open the door Please open the door!
- c. Close the window
  Please close the window!
- d. Open your book Please open your book!
- e. Close your book Please close your book!

NAME	WORKING TECHNIQUE		
$X_6$	The student can do the command as		
	well		
$X_7$	The student can do the command as		
	well		
X8	The student can do the command as		
	well		
$X_9$	The student can do the command as		
	well		
X <sub>10</sub>	The student can do the command as		
	well		

# **CONCLUSION**

From the result of the research above, it may be concluded that the ability of English speaking students can be increased by Method of TPR (Total Physical Response), so the students can be active in the learning of English. The teacher can also get easier to teach English to all of the students. Beside of that, in the classroom, the students are not again afraid in learning English, because they can feel fun and comfort in studying English, especially in Speaking English, also they can be breeve to share many ideas that they have in their own brain.

Because of limited vocabulary, the students are difficult to express ideas orally (speaking), so they can't speak well beause of the incorrect grammar, they have limited of grammar, also lace of sound out words (pronunciation). Most teachers can do many ways to improve performance learning English speaking, namely all of a time limit for each and every speaking activity, take into consideration those activities that involve either group or pair

work, keep the activity fun and simple, make sure for a balance aim between speaking and listening, also always reflect on what can you do as a teacher to help students improve their English speaking skill. From the result of the research above, it may be concluded that the ability of English speaking students can be increased by Method of TPR (Total Physical Response), so the students can be active in the learning of English. The teacher can also get easier to teach English to all of the students. Because the implication of TPR, the performance learning in English speaking has been successfully increase and score of the student's English speaking can be up and they can improve their best performance learning in English speaking.

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